



# HI, I'M MEAGHAN!

With over 15 years of teaching experience and a Master's degree in Education, I bring a wealth of knowledge and passion to every speaking engagement.

For the past five years, I've specialized in teaching online workshops, honing my ability to engage virtual audiences with dynamic, interactive content.

**As the founder of my own thriving community, where I host monthly workshops on topics like astrology, self-discovery, and business alignment, I understand how to create meaningful connections and deliver value to diverse groups.**

Whether as a guest speaker on your podcast or a guest teacher in your online community, I'm excited to share actionable insights and inspire your audience.

*Meaghan*

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# MEAGHAN DUNHAM

Coach • Astrologer • Educator



[Winter Solstice Planning Session - 2024](#)



[Tactical Magic Podcast - 2024](#)

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## MASTERCLASSES + WORKSHOPS

### **Balance and Boundaries in Business**

In this foundational workshop, I share the fundamental aspects of Astrology and Ayurveda — two ancient and potent energetic systems that have been leveraged by humans all over the world for thousands of years.

Participants will discover:

- The **basic energetics** of Astrology and Ayurveda
- **How these energetic principles influence us**, both personally and professionally
- **How to harness that energy in their business** in a powerful, strengths-based way

**Length: 60 minutes**

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## MASTERCLASSES + WORKSHOPS

### **Build Your Perfect Workday**

In this interactive Masterclass participants will learn how to create daily, weekly and monthly plans to align their workdays with what I call micro-energetics so that they can discover what a work/life balance means for them.

Participants will discover:

- How to **align their days with the planets**, including which tasks to complete on which days and why
- How to **align their daily tasks with the hourly energetics of Ayurveda** in order to get more done
- How to **find their Ruling Planet and Ayurvedic dosha**, and how to leverage their energy for more easeful productivity

**Length: 90 minutes**

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## MASTERCLASSES + WORKSHOPS

### **Energetics in Intentional Goal-Setting**

In this interactive Masterclass participants will learn how to understand their own Energetic Signature so that they can start setting goals that feel more in alignment with their workflow, lifestyle and desires.

Participants will learn:

- **Which planets and houses in Western Astrology support actionable goal-setting**
- **How Ayurvedic Time-Blocking™ can support you to get things done strategically and without burning out**
- **How your Human Design Authority and Manifestation Type can help you set the right kinds of goals for your unique blueprint**

**Length: 60 minutes**

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